



WINTER DRINK MENU

WHOLE MILK . SKIM MILK . OAT MILK . ALMOND MILK

HOUSE MADE FLAVORED SYRUPS

CARAMEL . VANILLA BEAN . MOCHA . MAPLE . HONEY BEE . BEE STINGER
CINNAMON DULCE DE LENCHE . CRÈME BRULEE . PEANUT BUTTER CUP
RASPBERRY . HAZELNUT . PEPPERMINT

Parisian Drinking Chocolate: thick, rich & decadent! 6oz of liquid chocolate served with whipped cream.

Stowe Bee Hot Cocoa: our own blend of grated chocolate, cocoa powder, vanilla & a touch of sugar.

Flavored Milk Steamers: milk or milk alternative steamed to velvety perfection with added house syrups.

Steamed Cider: warm up with a local sulfate free cider served steamed.

Organic House Roast Coffee: locally roasted, organic drip coffee. choice of light or dark roast.

Organic Iced Coffee: cold fresh brewed organic dark roast drip coffee served on ice.

Americano: two shots of organic espresso topped off with hot water.

Red Eye: organic house roast coffee with two shots of espresso.

Café Au Lait: organic drip coffee (light or dark roast) with steamed milk.

Espresso: two shots of organic espresso

Cortodo: two shots of organic espresso with an equal amount of steamed milk (no foam)

Macchiato: two shots of organic espresso with a dollop of milk foam

Latte (also known as café latte): two shots of espresso with steamed milk. House made syrups available.

Iced Latte: two shots of espresso with cold milk served on ice. house made syrups available.

Cappuccino: two shots of espresso with foamed milk.

London Fog: earl gray tea with a touch of sweet vanilla syrup & steamed milk.

Chai Latte: a blend of harney & sons sweet chai concentrated & steamed milk.

Dirty Chai Latte: two shots of espresso with sweet chai concentrate & steamed milk.

Chai Latte: a blend of harney & sons chai concentrated & steamed milk.

Matcha Latte: unsweet organic matcha powder blended with steamed milk.

Tumeric Latte: unsweet organic turmeric & ginger powder blended with steamed milk.

Beet Latte: unsweet organic beet & powder blended with steamed milk.

HARNEY & SONS TEAS

ENGLISH BREAKFAST . EARL GRAY . CINNAMON SPICE . CHAI . DECAF CYLON
CHAMOMILE . PEPPERMINT . ROOIBOS . SENCH GREEN TEA



BREAKFAST MENU

7AM TO 11AM - OR UNTIL WE SELL OUT

MORNING PASTRIES & MORE

MADE FROM SCRATCH EVERY MORNING. VARIETIES CHANGE DAILY.

blueberry muffin . chocolate chip muffin . flourless maple apple muffin . muffin of the day
2 to 4 varieties of buttery scones . croissants . cinnamon buns . danish braids
jumbo popovers . buttermilk biscuits . house made flavored butters

baked oatmeal with steamed milk & toppings
house made challah french toast with local maple syrup (thursday & friday only)

crustless quiche . yogurt cups with house made granola
savory cheese & veggie egg 'muffin'

ARTISIAN BREAKFAST EGG SANDWICHES

MADE FRESH IN MICRO BATCHES, EVERY 5-10MIN
AVAILABLE 7AM TO 11AM

The Classic: omelet style local farm fresh eggs & cabot cheddar
on our house made buttermilk biscuits

The Sunrise: local sausage, omelet style local farm fresh eggs & cabot cheddar
on our house made buttermilk biscuits

The Ridgeview: local ham, omelet style local farm fresh eggs & cabot cheddar
on our house made buttermilk biscuits

The Lord: local applewood smoked bacon, omelet style local farm fresh eggs & cabot cheddar
on our house made buttermilk biscuits

CUSTOM VARIATIONS (NO EGG, NO CHEESE, GF BREAD) ALSO AVAILABLE

**EVERYTHING MADE FROM SCRATCH WITH
LOCAL FARM FRESH INGREDIENTS**

mt.mansfield dairy . cabot creamier. king arthur flour .
mountain cider . mackenzie meats west meadows gf bread



WINTER LUNCH MENU

LUNCH SERVED FROM 11:30 AM TO 5PM

House Made Soup: always made from scratch & served with optional grilled bread. soup selection changes daily. call for today's selections. available in two sizes: 8 oz CUP or 12oz BOWL

House Made Focaccia Pizzas: delicious from scratch focaccia crust with an assortment of toppings. (margherita . gorgonzola bacon . brie prosciutto & balsamic . apple ham cheddar . caramelized onion mushroom gouda) selections change daily

GRILLED PANINI SANDWICHES

PANINI COME WITH PICKLES & CHIPS

Mt. Triple Panini: grilled chicken, local VT ham, cabot cheddar & maple mustard

Alpine Panini: local VT ham, tart apple & brie

Meadows Quad Panini: grilled eggplant, zucchini, spinach & mozzarella

Gondola Panini: caramelized onions, mushrooms & gouda

Pesto Chicken Panini: chicken, pesto, tomato & provolone

Caprese Panini: tomato, pesto & mozzarella

Authentic Cubano: house roasted shredded pork, local VT ham, swiss, pickles & dijon

Easy Street Grilled Cheese: choose: american, cheddar, swiss, provolone or mozzarella add ons available

Classic Tuna Melt: house-made tuna salad with cabot cheddar cheese on grilled sour dough

WINTER WRAPS & SALADS

SALADS COME WITH OPTIONAL GRILLED BREAD - WRAPS COME WITH PICKLES & CHIPS

Green Trail Salad: baby spinach, craisins, almonds & goat cheese with maple balsamic vinaigrette

Gorgonzola Salad: fresh greens, sliced apple, candied walnuts & gorgonzola cheese

Classic Caesar Salad: romaine, shaved parmigiana & croutons. grilled chicken available

Grilled Chicken Caesar Wrap: grilled chicken, chopped romaine

Tuna Salad Wrap: all white tuna, celery, green onion, mayo, lettuce & tomato

BLT Ranch Chicken Wrap: grilled chicken, local applewood smoked bacon, lettuce, tomato & ranch

WINTER COMFORT FOOD CLASSICS

CHECK SPECIALS BOARD FOR AVAILABILITY

Traditional Meat Chili

with optional shredded cheddar

8oz CUP 6
12oz BOWL

Mac & Cheese

creamy blend of four cheeses topped with buttery breadcrumbs and baked in the oven starter or entrée

Chicken Pot Pie Stew

house roasted chicken, with peas, carrots & corn topped with our house made buttermilk biscuit

Shepherd's Pie

sautéed ground beef, onions & corn in a house-made gravy topped with creamy mashed potatoes



SWEETS & TREATS MENU

BIG SOFT COOKIES

ALWAYS ALL NATURAL. ALWAYS MADE IN HOUSE FROM SCRATCH.

gooey chocolate chip . oatmeal raisin . peanut butter . peanut butter chip
happy trails granola cookie . double chocolate chunk

SEASONAL & MONTHLY SPECIALS. CALL FOR THE DAY'S VARIETY

double chocolate sea salt almond . gooey smore's . snickerdoodle
lemon crinkle . chocolate cherry . caramel pretzel . oreo cookie monster

MINI COOKIES BITES

ALWAYS ALL NATURAL. ALWAYS MADE IN HOUSE FROM SCRATCH.

cranberry pistachio shortbread . chocolate sables . honey button shortbread
hazelnut mini chip shortbread . biscotti . rugelach

BROWNIES & BARS

ALWAYS ALL NATURAL & MADE IN HOUSE FROM SCRATCH. VARIETIES CHANGE DAILY.

rich fudge brownie . gooey fudge brownie . salted caramel brownie .
german chocolate brownie . cheesecake brownie

lemon squares . raspberry almond crumble bar . sugar cookie bar .
peanut butter tagalong bar . twix bar . hermit bar

INDIVIDUAL DESSERTS

ALWAYS ALL NATURAL & MADE IN HOUSE FROM SCRATCH. VARIETIES CHANGE DAILY.

crème brulee . individual cheesecake . mousse cup . mini truffle cake
chocolate obsessions . . assorted tarts . hazelnut mousse cake
assorted cupcakes & whoopie pies



LAYER CAKES & PIES

A LIMITED NUMBER OF LAYER CAKES ARE AVAILABLE IN STORE. THEY DO SELL OUT QUICKLY, SO WE ALWAYS RECOMMEND ORDERING ONLINE IN ADVANCE! PIES, FULL SIZE TARTS & OTHER DESSERTS ARE AVAILABLE FOR ADVANCED ORDER ONLY.

ALL CAKES ARE 7" ROUND & SERVE 6 -10 PEOPLE
EACH CAKE HAS THREE LAYERS OF CAKE WITH TWO LAYERS OF FROSTING/FILLINGS

1-2 DAY NOTICE REQUIRED

Vanilla Vanilla Cake moist vanilla buttermilk cake with creamy all butter vanilla american buttercream

Vanilla Chocolate Cake moist vanilla buttermilk cake with whipped italian chocolate buttercream

Double Chocolate Fudge Cake rich chocolate buttermilk cake with whipped italian chocolate buttercream & swirls of super fudgy fudge frosting

Chocolate Vanilla Cake rich chocolate buttermilk cake with creamy all butter vanilla american buttercream

3-5 DAY NOTICE REQUIRED

Oreo Cake rich chocolate buttermilk cake with whipped vanilla cream 'oreo crumb' filling

Chocolate Peanut Butter Fudge Cake rich chocolate buttermilk cake with creamy peanut butter frosting, swirls of super fudgy fudge frosting & whipped italian chocolate buttercream

Mocha Cake layers of both chocolate & vanilla cake filled & frosted with chocolate & espresso whipped italian buttercreams

Chocolate Raspberry Cake rich chocolate buttermilk cake with whipped raspberry & chocolate italian buttercreams, swirls of raspberry jam & chocolate fudge frosting

Lemon Raspberry Cake three layers of moist buttermilk cake infused with lemon soaking syrup, swirls of raspberry jam finished with whipped lemon & raspberry buttercreams

7 DAY NOTICE REQUIRED

Red Velvet Cake moist *red velvet* cake layers with creamy cream cheese frosting

Carrot Cake three layers of super moist carrot cake, loaded with fresh shredded carrots (*no nuts, no fruit*) filled & frosted with creamy cream cheese frosting

Fruit & Cream Cake three layers of light and airy sponge cake infused with a light citrus soaking syrup. filled with blueberries, strawberries & peaches, then filled & frosted with whipped local cream and garnished with fresh fruit

Strawberry & Cream Cake three layers of light and airy sponge cake infused with a light citrus soaking syrup. filled with fresh strawberries then filled & frosted with whipped local cream and garnished with fresh strawberries

German Chocolate Cake rich chocolate buttermilk cake filled with classic german chocolate filling (*a gooey mixture of shredded coconut, walnuts & mini chocolate chips*) then finished with whipped italian buttercream

Black Forrest Cake rich chocolate buttermilk cake filled with slightly cooked down cherries & frosted with chocolate whipped italian buttercream and garnished with chocolate shavings

Apricot Almond Cake moist almond cake with whipped italian apricot & almond buttercreams

Mocha Ameretto Cake moist almond buttermilk cake with whipped italian chocolate & almond buttercreams

SEE ONLINE ORDERING SITE FOR ADDITIONAL ADVANCED ORDER DESSERT OPTIONS, BREAKFAST CATERING. DINNER TO GO OPTIONS & SAVORY CATERING