



Stowe Bee

BAKERY & CAFE

Mornings

Morning Pastries

A delightful assortment of freshly baked seasonal items bake right in our open kitchen are available each morning. Please call or stop in to see what's in the oven today, but hurry, when they're gone, they're gone!

Popovers

famous light airy over-sized popover, served with your choice of house made butterberry butter, honey butter, cinnamon sugar butter, plain butter

Muffins

blueberry, triple berry citrus blast, lemon poppy, cappuccino chip, raspberry corn, morning glory bran, banana & more

Danish

cheese, berry, apricot almond & more

Morning Buns

pecan sticky bun, gooey cinnamon bun, fruity berry bun

Coffee Cake

ny style classic crumb, berry swirl, fig & chocolate

Breakfast Sandwiches

*our breakfast sandwiches are made on a flaky house made buttermilk biscuit, but they can be had on gluten free bread or an English muffin. we use only the best local **cage free eggs**, local cheeses & local nitrate free meats. enjoy!*

The Sunrise

local VT sausage, local **cage free eggs** & local sharp cheddar on a flaky house made buttermilk biscuit

The Ridgeview

local VT ham, local **cage free eggs** & local cheddar on a flaky house made buttermilk biscuit

The Lord

local VT applewood smoked bacon, local **cage free eggs** & local cheddar on a flaky house made buttermilk biscuit

The classic

local **cage free eggs** & local cheddar on a flaky house made buttermilk biscuit

The weekender

local cage free egg whites, spinach & local cheddar on a whole wheat english muffin

Lunch



Grilled Paninis

The Alpine

Local VT ham, Bri & Tart Apple grilled to perfection on Local Sour Dough

Meadows Quad

Eggplant, Zucchini, Spinach & Mozzarella & a touch of aged parmesan delightfully grilled on Local Parmesan Bread

Mt. Triple

Grilled Chicken, local ham, maple mustard & local sharp cheddar grilled together on Local Sour Dough

Gondola

Caramelized Onions, mushrooms & gouda combine together on Local Sour Dough in this amazing panini

Cubano

House made slow roasted shredded pork, local VT Ham & Swiss topped off with a pickle & Dijon create this grilled delight

Easy Street

a.k.a. Grilled Cheese your way
Choice of: American, Cheddar, Mozzarella or Gouda on either Soft White Bread or Sour Dough

Any of the above available on Gluten Free Multigrain bread at additional charge

Summer Wraps & Salads

Classic Chicken Salad Wrap

all white house roasted chicken breast with celery & mayo

Tuna Salad Wrap

all white tuna with celery, green onion & mayo

BLT Ranch Chicken Wrap

all white house roasted chicken breast with local applewood smoked bacon, lettuce, tomato & house made ranch dressing

Bunny Slope Wrap

baby spinach, shredded carrots, cherry tomatoes, toasted sunflower seeds & hummus with a light lemon garlic pepper vinaigrette

Black Forrest Ham Wrap

black forest smoked ham, sharp VT cheddar, lettuce, tomato & honey mustard

Just a Scoop...

a scoop of house roasted chicken salad, albacore tuna salad or hummus

Make it a Plate

a scoop of house roasted chicken salad, albacore tuna salad or hummus with romaine lettuce and tomatoes

Salads

Green Trail Salad

fresh baby spinach topped with craisins, toasted almonds & goat cheese, lightly dressed in a house-made maple balsamic vinaigrette

Yard Sale Salad

tender baby kale lightly tossed in a house made lemon garlic pepper vinaigrette and topped with toasted sunflower seeds, cherry tomatoes, shredded carrots, chickpeas & feta cheese

add: grilled chicken, scoop or tuna salad, chicken salad or hummus to either salad (for additional charge)

And Some Specials

Frittata

local cage free eggs, local cheeses & a daily assortment of local meats & veggies (naturally gluten free) selection changes daily, please call for today's selection

Sicilian Pizza

(thursday through sunday)

margarita: fresh local mozzarella, house made pomodoro sauce & fresh basilico
daily specialty pizza: please call for today's selection

Weekend Specials

please call for our weekend specials, such as pasta salad, lasagna, grilled veggies & BBQ plates

Sweets & Treats

Because you really deserve it!

All cakes, pastries & baked good are made fresh daily from the highest quality ingredients (locally sourced when possible) and offered to you with love and passion! Our selections change daily and seasonally. Please call for what's baking today!

Cupcakes

Vanilla Bean, Double Black Diamond, Peanut Butter Cup & Lemon Raspberry are our daily staples. From there we draw upon our list of over sixty varieties to come up with two additional specials.

Warm Soft Cookies

These cookies are baked fresh each day. If you come between 3-4 you'll get them hot out of the oven. Our three perennials are Chocolate Chunk, Peanut Butter & Honey Oatmeal. In addition as the spirit guides us, each day you'll also find two additional amazing creations such as, Chocolate Sea Salt Almond, Dark Chocolate Cherry Chunk, Dark Chocolate Peanut Butter Cup, Ginger Molasses, Snickerdoodles & many more!

Little Bites

Smaller sized crispy cookies sold individually or pre-bagged. Rugelach, Mini Biscotti, Cranberry Pistachio, Chocolate Shortbread, our signature Bee Stinger & our legendary Rosemary Shortbread

Brownies & Bars

Walnut Chunk Brownie, Deep Dark Fudge Brownie, Raspberry Cheese Cake Brownie, Chocolate Peanut Butter Crunch Bar, Almond Joy Bar, Congo Bar, Seedilious Honey Bar, Berry Oat Bar, Hermits, Carmel Twix Bar & more!

Whoopie Pies

A classic American treat served up in a myriad of flavors.
Traditional, Chocolate Peanut Butter, Raspberry

Chocolate, Pumpkin Cream Cheese, Salted Carmel Fudge, Oreo, Oatmeal Cream & more!

Eclairs

a very special treat, made fresh in house with light cream fillings & mousses in assorted mouthwatering flavors, call for the days offerings! Traditional, Dark Chocolate, Raspberry, Chocolate Hazelnut, Carmel, Coffee, Almond Crunch & more!

Individual Cheese Cake

(Also available as full size cakes)
NY Style Plain, White Chocolate Raspberry Swirl, Café Au Lait, Pumpkin Cream, Carmel Pecan, Key Lime Crunch, Black & White Swirl

Crème Brulee

Classic, Egg Nog, Pumpkin Cream, Espresso, Baily's Irish Cream

Slice of Cake

Like our cupcakes, we offer a few steady favorites and then from there we create weekly & seasonal specials. Please call for today's selections. Vanilla Confetti Buttercream, Devil's Fudge Cake, German Chocolate Cake, Carrot Cake & Mocha Amaretto Cake are our standards and then you may find...Lemon Raspberry Dream, Chocolate Bee Stinger, Apricot Almond, Strawberry Chocolate, Chocolate Merlot, Egg Nog Cream, Raspberry Vanilla, Italian Fruit Cream, Mocha Delight, Coconut Cream, Triple Chocolate Mouse & many many more!

Full Cakes

Many of the above flavors are available as whole cakes, ready to take with you, or personalized for no additional charge. [Custom Orders](#) are also available in a wide selection of flavors, fillings, icings, sizes and unique decorations. Let us make your next event a memorable & tasty one!

Beverages

Hot Beverages

*Also available iced. Can be prepared with the following options at additional charge.
Soy Milk or Almond Milk. House Made Syrups:
Carmel, Maple, Vanilla, Mocha
Espresso Shot*

Organic House Roast

dark, medium & light roasts
small 12 oz , large 16 oz

Espresso

single Shot , double Shot

Americano

small 12 oz (w1 shot), large 16 oz (w 2 shots)

Cappuccino – American Style

with an espresso to milk ratio commonly served in America
Small 12 oz (w 1 shots), Med 16 oz (w 2 shots)

Cappuccino – European style

with a richer, more intense espresso to milk ratio traditional found throughout Europe
small 8 oz (w 2 shots), large 16 oz (w 4 shots)

Latte – American Style

with an espresso to milk ratio commonly served in America
small 12 oz (w 1 shots), large 16 oz (w 2 shots)

Latte – European Style

With a richer, more intense espresso to milk ratio traditional found throughout Europe
small 8 oz (w 2 shots), large 16 oz (w 4 shots)

Cold Beverages

Assorted Canned Sodas, Seltzers & Bottled Water

Frozen Coffee & Non-Coffee Drinks

seasonally available, in 12 or 16 oz size

Coffee Pow Alert

Frozen Blended Sweet Coffee Drink

Carmel Vortex

Frozen Blended Carmel Coffee Drink

Vanilla White Out

Frozen Blended Vanilla Coffee Drink

Maple Frostbite

Frozen Blended Maple Coffee Drink

Mocha Nor'easter

Frozen Blended Chocolate Coffee Drink

Frozen Hot Chocolate

Frozen Blended Chocolate Drink (no coffee)

Vanilla Flurry

Frozen Blended Vanilla & Milk Drink (no coffee)

Fruit Smoothies

made with fresh fruit, no sweeteners added in 16 oz size

Summer Shower Smoothie

Fresh Fruit Smoothie with Bananas
& Strawberries

Tropical Storm Smoothie

Fresh Fruit Smoothie with Mango, Pineapple,
Strawberry

El Nino Smoothie

Fresh Fruit Smoothie Mango, Pineapple,
Strawberry, Banana
(blended with choice of milk or oj)