



a from scratch full service bakery serving up wholesome, all natural, locally sourced treats, breakfast, panini, blue plate specials & complete take away dinners. custom orders & catering platters available upon request.



Beverages

prepared hot or iced
available with soy or almond milk and house made flavorings for additional charge

Organic House Roast

small 12 oz, large 16 oz

Espresso

all espresso drink are prepared with one double shot, unless otherwise noted

Americano

small 12 oz, large 16 oz

Cappuccino

small 12 oz, large 16 oz
european small 8oz, european large 16oz with two double shots

Latte

small 12 oz, large 16 oz
european small 8oz, european large 16oz with two double shots

Chai Tea Latte

small 12 oz, large 16 oz

Tea

selection of black, oolong, white & herbal tea bags
small 12 oz, large 16 oz

Belgium Hot Chocolate

rich imported belgium couverture chocolate steamed into local milk, one word: amazing!
available with house-made flavors of caramel, maple, peppermint, almond, raspberry & vanilla
kids 8 oz, small 12 oz, large 16 oz

Steamed Milk

available with housmade flavors of caramel, maple, peppermint, almond, raspberry & vanilla
kids 8 oz, small 12 oz, large 16 oz

Local Hot Apple Cider

kids 8 oz, small 12 oz, large 16 oz



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Mornings

Famous Popovers

light airy fresh from the oven popover served with seasonal house made butters, berry butter, maple butter, honey butter, pumpkin butter, savory butter

Hot Oatmeal

served with your choice of two toppings: nuts, dried cranberries & raisins, brown sugar or local maple syrup

Quiche or Frittata

farm fresh eggs, creamy local cheeses with a daily assortment of local meats & seasonal veggies

BREAKFAST SANDWICHES

Sunrise

Local VT Sausage, Two Farm Fresh Eggs & Local sharp cheddar on a flaky house made buttermilk biscuit or english muffin

Ridgeview

A slice of local VT ham, Two Farm Fresh Eggs & Local sharp cheddar on a flaky house made buttermilk biscuit or english muffin

The classic

Two Farm Fresh Eggs & Local sharp cheddar on a flaky house made buttermilk biscuit or english muffin

Weekender

Two Farm Fresh Egg Whites, Spinach & Local Sharp Cheddar
On a whole wheat English Muffin

MORNING PASTRIES

A delightful assortment of freshly baked seasonal items bake right in our open kitchen are available each morning. Including muffins, danish, coffee cake, cinnamon buns etc. Please call or stop in to see what's in the oven today, but hurry, when they're gone, they're gone!



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Lunch

SOUPS

please call or check our website for the daily soup selection

Cup, 8 oz or **Bowl**, 14oz

WEEKLY SPECIALS

please call or check our website for the weekly vegetable & entrée selections available for lunch or reserved before 1:00 for take away dinner

BLUE PLATES

FOR LUNCH or RESERVED BEFORE 1:00 FOR TAKE AWAY DINNER

Monday: Chicken Pot Pie Stew

A generous scoop of chicken, peas, carrots & corn topped with a flaky house made buttermilk biscuit

Tuesday: CLOSED

Wednesday: Thanksgiving in a Popover

Need we say more? Sliced white roasted turkey, with mashed potatoes, house made cranberry sauce, carrots, peas & mushrooms covered in savory pan gravy

Thursday: Roast Pork with Rice & Beans

A tasty Latin classic! Tender roasted & shredded pork served with slow cooked rice & black beans

Friday: Meatloaf & Mashed Potatoes

A hearty slice of moist tender meatloaf, with a savory tomato relish (not spicy) & a scoop of mashed potatoes

Every Day Mac & Cheese

creamy house made blend of four cheeses baked in the oven with a delicate crust of buttery bread crumbs. Yum.

(SEE GRILLED PANINI SELECTION ON NEXT PAGE)



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Lunch Panini

PANINI

SERVED DAILY BETWEEN 11:00 – 4:00

The Alpine

Local VT ham, Bri & Tart Apple grilled to perfection on local Sour Dough

Meadows Quad

Eggplant, Zucchini, Spinach & Mozzarella & a touch of aged parmesan delightfully grilled on Local parmesan bread

Mt. Triple

Grilled Chicken, Local Ham & Local Sharp Cheddar with a touch of maple dijon grilled together on local Sour Dough

Gondola

Caramelized Onions, Mushrooms & Gouda combine together on Italian Bread in this amazing panini

Cubano

House made shredded pork, Local VT Ham & Swiss topped off with a pickle & Dijon create this classic grilled delight

Easy Street

a.k.a. Grilled Cheese your way

Choice of: American, Cheddar, Mozzarella or Gouda on either Soft White Bread or Sour Dough

½ Panini & a Cup of Soup

Any of the above available on Gluten Free Multigrain bread **1.00**

(SEE HOT PLATE LUNCH SPECIALS & TAKE AWAY DINNER OPTIONS ON PREVIOUS PAGE)



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Sweets & Treats

Cupcakes

Vanilla Bean, Double Black Diamond, Peanut Butter Cup & Lemon Raspberry are our daily staples. From there we draw upon our list of over sixty varieties to come up with two additional specials.

Warm Soft Cookies

These cookies are baked fresh each day. If you come between 3-4 you'll get them hot out of the oven. Our three perennials are Chocolate Chunk, Peanut Butter & Honey Oatmeal. In addition as the spirit guides us, each day you'll also find two additional amazing creations such as, Chocolate Sea Salt Almond, Dark Chocolate Cherry Chunk, Dark Chocolate Peanut Butter Cup, Ginger Molasses, Snickerdoodles & many more!

Little Bites

Smaller sized crispy cookies sold individually or pre-bagged. Rugelach, Mini Biscotti, Cranberry Pistachio, Chocolate Shortbread, our signature Bee Stinger & our legendary Rosemary Shortbread

Brownies & Bars

Walnut Chunk Brownie, Deep Dark Fudge Brownie, Raspberry Cheese Cake Brownie, Chocolate Peanut Butter Crunch Bar, Almond Joy Bar, Congo Bar, Seedilious Honey Bar, Berry Oat Bar, Hermits, Carmel Twix Bar & more!

Whoopie Pies

A classic American treat served up in a myriad of flavors.
Traditional, Chocolate Peanut Butter, Raspberry Chocolate, Pumpkin Cream Cheese, Salted Carmel Fudge, Oreo, Oatmeal Cream & more!



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Sweets & Treats

Eclairs

a very special treat, made fresh in house with light cream fillings & mousses in assorted mouthwatering flavors, call for the days offerings! Traditional, Dark Chocolate, Raspberry, Chocolate Hazelnut, Carmel, Coffee, Almond Crunch & more!

Individual Cheese Cake

(Also available as full size cakes)

NY Style Plain, White Chocolate Raspberry Swirl, Café Au Lait, Pumpkin Cream, Carmel Pecan, Key Lime Crunch, Black & White Swirl

Crème Brulee

Classic, Egg Nog, Pumpkin Cream, Espresso, Baily's Irish Cream

Slice of Cake

Like our cupcakes, we offer a few steady favorites and then from there we create weekly & seasonal specials. Please call for today's selections. Vanilla Confetti Buttercream, Devil's Fudge Cake, German Chocolate Cake, Carrot Cake & Mocha Amaretto Cake are our standards and then you may find...Lemon Raspberry Dream, Chocolate Bee Stinger, Apricot Almond, Strawberry Chocolate, Chocolate Merlot, Egg Nog Cream, Raspberry Vanilla, Italian Fruit Cream, Mocha Delight, Coconut Cream, Triple Chocolate Mouse & many many more!

Full Cakes

Many of the above flavors are available as whole cakes, ready to take with you, or personalized for no additional charge. Custom Orders are also available in a wide selection of flavors, fillings, icings, sizes and unique decorations. Let us make your next event a memorable & tasty one!